

UPDATED ON 09/30/2011

October 2011

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|---|--|--|
| <p>Freshman Team: Friday- 6:30PM-7:30PM Saturday- 2:00PM-4:00PM Sunday- 12:00PM-4:00PM</p> <p>Junior Team: Wednesday- 6:30PM-8:30PM Thursday- 6:30PM-8:30PM Friday- 6:30-8:30 Saturday- 2:00PM-4:00PM Sunday- 2:00PM-4:00PM</p> <p>Senior Team: Monday&Tuesday- 5:30PM-7:30PM Wednesday&Thursday- 6:30PM-8:30PM Friday- 7:30PM-9:30PM Saturday- 4:00PM-6:00PM Sunday- 2:00PM-4:00PM</p> <p>***For the month of October the team will be swimming at Jamaica High School***</p> | | | | | | 1 |
| 2 Flushing Pool Closed -Freshman 3pm-4pm - Junior & Seniors 4pm-6pm | 3 Flushing Pool Closed | 4. Flushing Pool Closed | 5 Flushing Pool Closed | 6 Flushing Pool Closed - Junior & Seniors 7:30pm-9:20pm | 7 Flushing Pool Closed | 8 Flushing Pool Closed -Freshman 3pm-4pm - Junior & Seniors 4pm-5:50PM |
| 9 Flushing Pool Closed -Freshman 3pm-4pm - Junior & Seniors 4pm-5:50pm | 10 Flushing Pool Closed- NO SWIM TEAM PRACTICE- <i>COLUMBUS DAY</i> | 11 Flushing Pool Closed | 12 Flushing Pool Closed | 13 Flushing Pool Closed - Junior & Seniors 7:30pm-9:20pm | 14 Flushing Pool Closed | 15 Flushing Pool Closed -Freshman 3pm-4pm - Junior & Seniors 4pm-5:50pm <u>Marlin Swim Meet</u> |
| 16 Flushing Pool Closed -Freshman 3pm-4pm - Junior & Seniors 4pm-5:50pm <u>Marlin Swim Meet</u> | 17 Flushing Pool Closed | 18 Flushing Pool Closed | 19 Flushing Pool Closed | 20 Flushing Pool Closed - Junior & Seniors 7:30pm-9:20pm | 21 Flushing Pool Closed | 22 Flushing Pool Closed- <u>PATRIOT SWIM MEET</u> -Freshman 3pm-4pm - Junior & Seniors 4pm-5:50pm |
| 23 Regular Practice Flushing Pool <u>PATRIOT SWIM MEET</u> | 24 Flushing Pool Reopen Regular Practice | 25 Flushing Pool Reopen Regular Practice | 26 Flushing Pool Reopen Regular Practice | 27 Flushing Pool Reopen Regular Practice | 28 Flushing Pool Reopen Regular Practice | 29 Flushing Pool Reopen Regular Practice |
| 30 Flushing Pool Reopen Regular Practice | 31 Flushing Pool Reopen Regular Practice | | | | | |

November 2011

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--------|---------|---|---|---|---|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 Practice Time Change Freshman 2pm-4pm Jr & Sr 4pm-6pm | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 Thanksgiving Weekend- No Practice | 24 Thanksgiving Weekend- No Practice | 25 Thanksgiving Weekend- No Practice | 26 Thanksgiving Weekend- No Practice |
| 27 Thanksgiving Weekend- No Practice | 28 | 29 | 30 | Freshman Team: Friday- 6:30PM-7:30PM Saturday- 2:00PM-4:00PM Sunday- 12:00PM-4:00PM Junior Team: Wednesday- 6:30PM-8:30PM Thursday- 6:30PM-8:30PM Friday- 6:30-8:30 Saturday- 2:00PM-4:00PM Sunday- 2:00PM-4:00PM Senior Team: Monday&Tuesday- 5:30PM-7:30PM Wednesday&Thursday- 6:30PM-8:30PM Friday- 7:30PM-9:30PM Saturday- 4:00PM-6:00PM Sunday- 2:00PM-4:00PM | | |

December 2011

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|--|--|
| Freshman Team: Friday- 6:30PM-7:30PM Saturday- 2:00PM-4:00PM Sunday- 12:00PM-4:00PM Junior Team: Wednesday- 6:30PM-8:30PM Thursday- 6:30PM-8:30PM Friday- 6:30-8:30 Saturday- 2:00PM-4:00PM Sunday- 2:00PM-4:00PM Senior Team: Monday&Tuesday- 5:30PM-7:30PM Wednesday&Thursday- 6:30PM-8:30PM Friday- 7:30PM-9:30PM Saturday- 4:00PM-6:00PM Sunday- 2:00PM-4:00PM | | | | 1 | 2 | 3 |
| 4 Mako Swim Meet Freshman Team 6pm-8pm only No Jr & Sr Practice | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 No Freshman Practice Jr & Sr 6pm-8pm | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 No Swim Team Practice- Christmas Break | 20 No Swim Team Practice- Christmas Break | 21 No Swim Team Practice- Christmas Break | 22 No Swim Team Practice- Christmas Break | 23 No Swim Team Practice- Christmas Break | 24 No Swim Team Practice- Christmas Break |
| 25 No Swim Team Practice- Christmas Break | 26 No Swim Team Practice- Christmas Break | 27 No Swim Team Practice- Christmas Break | 28 No Swim Team Practice- Christmas Break | 29 No Swim Team Practice- Christmas Break | 30 No Swim Team Practice- Christmas Break | 31 No Swim Team Practice- Christmas Break |

January 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|----------|--------|---|
| 1 New Year's NO PRACTICE | 2 No Practice | 3 School re-opens Swim Team Practice Begins | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 <u>Winter Frost Swim Meet</u> 2 Hours 3 Lanes |
| 15 <u>Winter Frost Swim Meet</u> 2 Hours 3 Lanes | 16 Martin Luther King Jr. <i>Schools Closed No Practice</i> | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | Freshman Team: Friday- 6:30PM-7:30PM Saturday- 2:00PM-4:00PM Sunday- 12:00PM-4:00PM Junior Team: Wednesday- 6:30PM-8:30PM Thursday- 6:30PM-8:30PM Friday- 6:30-8:30 Saturday- 2:00PM-4:00PM Sunday- 2:00PM-4:00PM Senior Team: Monday&Tuesday- 5:30PM-7:30PM Wednesday&Thursday- 6:30PM-8:30PM Friday- 7:30PM-9:30PM Saturday- 4:00PM-6:00PM Sunday- 2:00PM-4:00PM | | | |

February 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------------------------|--------------------------|--------------------------|--|--|--|
| Freshman Team: Friday- 6:30PM-7:30PM Saturday- 2:00PM-4:00PM Sunday- 12:00PM-4:00PM Junior Team: Wednesday- 6:30PM-8:30PM Thursday- 6:30PM-8:30PM Friday- 6:30-8:30 Saturday- 2:00PM-4:00PM Sunday- 2:00PM-4:00PM Senior Team: Monday&Tuesday- 5:30PM-7:30PM Wednesday&Thursday- 6:30PM-8:30PM Friday- 7:30PM-9:30PM Saturday- 4:00PM-6:00PM Sunday- 2:00PM-4:00PM | | | 1 | 2 | 3 | 4 |
| 5 No Freshman Practice Jr & Sr 6pm-8pm | 6 | 7 | 8 | 9 | 10 Badger IMXTREME Swim Meet (2 Hours 3 Lanes) | 11 Badger IMXTREME Swim Meet (2 Hours 3 Lanes) |
| 12 Badger IMXTREME No Jr & Sr Practice Freshman only 6pm-8pm | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 NO PRACTICE | 21 NO PRACTICE | 22 NO PRACTICE | 23 NO PRACTICE <u>Metro Senior Championships (Sr Mets) at Lehman College</u> | 24 NO PRACTICE <u>Metro Senior Championships (Sr Mets) at Lehman College</u> | 25 NO PRACTICE <u>Metro Senior Championships (Sr Mets) at Lehman College</u> |
| 26 NO PRACTICE <u>Metro Senior Championships (Sr Mets) at Lehman College</u> | 27 Practice Begins | 28 | 29 | | | |

March 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------|---------|-----------|----------|---|---|
| Freshman Team: Friday- 6:30PM-7:30PM Saturday- 2:00PM-4:00PM Sunday- 12:00PM-4:00PM Junior Team: Wednesday- 6:30PM-8:30PM Thursday- 6:30PM-8:30PM Friday- 6:30-8:30 Saturday- 2:00PM-4:00PM Sunday- 2:00PM-4:00PM Senior Team: Monday&Tuesday- 5:30PM-7:30PM Wednesday&Thursday- 6:30PM-8:30PM Friday- 7:30PM-9:30PM Saturday- 4:00PM-6:00PM Sunday- 2:00PM-4:00PM | | | | 1 | 2 | 3 <u>Silvers Swim Meet</u> |
| 4 <u>Silvers Swim Meet</u> | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 <u>Metro Junior Olympic Swim Meet</u> | 17 <u>Metro Junior Olympic Swim Meet</u> |
| 18 <u>Metro Junior Olympic Swim Meet</u> No Freshman Practice Jr & Sr 6pm-8pm | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

April 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|------------------|-------------------|---|-------------------|-----------------------|------------------|
| 1 | 2 | 3 | 4 | 5 | 6 NO PRACTICE | 7 NO PRACTICE |
| 8 NO PRACTICE | 9 NO PRACTICE | 10 NO PRACTICE | 11 NO PRACTICE | 12 NO PRACTICE | 13 Practice Begins | 14 |
| 15 No Freshman Practice Jr & Sr 6pm-8pm | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | Freshman Team: Friday- 6:30PM-7:30PM Saturday- 2:00PM-4:00PM Sunday- 12:00PM-4:00PM Junior Team: Wednesday- 6:30PM-8:30PM Thursday- 6:30PM-8:30PM Friday- 6:30-8:30 Saturday- 2:00PM-4:00PM Sunday- 2:00PM-4:00PM Senior Team: Monday&Tuesday- 5:30PM-7:30PM Wednesday&Thursday- 6:30PM-8:30PM Friday- 7:30PM-9:30PM Saturday- 4:00PM-6:00PM Sunday- 2:00PM-4:00PM | | | |

May 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------------------------|---------|-----------|---|--------|--------------------------------|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 No Freshman Practice Jr & Sr 6pm-8pm | 7 | 8 | 9 | 10 | 11 | 12 <u>Patriot Swim Meet</u> |
| 13 <u>Patriot's Swim Meet</u> | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 No Freshman Practice Jr & Sr 6pm-8pm | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 NO PRACTICE | 29 | 30 | Freshman Team: Friday- 6:30PM-7:30PM Saturday- 2:00PM-4:00PM Sunday- 12:00PM-4:00PM Junior Team: Wednesday- 6:30PM-8:30PM Thursday- 6:30PM-8:30PM Friday- 6:30-8:30 Saturday- 2:00PM-4:00PM Sunday- 2:00PM-4:00PM Senior Team: Monday&Tuesday- 5:30PM-7:30PM Wednesday&Thursday- 6:30PM-8:30PM Friday- 7:30PM-9:30PM Saturday- 4:00PM-6:00PM Sunday- 2:00PM-4:00PM | | |

June 2012

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--------|---------|-----------|----------|--------|-----------------------------------|
| Freshman Team: Friday- 6:30PM-7:30PM Saturday- 2:00PM-4:00PM Sunday- 12:00PM-4:00PM Junior Team: Wednesday- 6:30PM-8:30PM Thursday- 6:30PM-8:30PM Friday- 6:30-8:30 Saturday- 2:00PM-4:00PM Sunday- 2:00PM-4:00PM Senior Team: Monday&Tuesday- 5:30PM-7:30PM Wednesday&Thursday- 6:30PM-8:30PM Friday- 7:30PM-9:30PM Saturday- 4:00PM-6:00PM Sunday- 2:00PM-4:00PM | | | | 1 | 2 | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 <u>Red tail's Swim Meet</u> | 11 | 12 | 13 | 14 | 15 | 16 <u>Red tail's Swim Meet</u> |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |